

# AVBT Skills Assessment Form Instructions to Applicants 2024

## Video Skill Instructions

- Create one video for each of the six skills assigned on the Skills Assessment Form. You will submit six videos total.
- For each video, the maximum length is 10 minutes. Limit your videos to this length or shorter.
- You will need to edit your videos so that they show all crucial information within the required time limit of 10 minutes. Some videos will show a progression over time, and you may have to condense multiple sessions into a single video to show your skills.
- Your videos must be submitted with your Candidate Packet. If the Examination Committee is unable to view your videos, we will contact you to discuss them.
- Please submit your videos by uploading them to [YouTube as Unlisted](#).
- Include the links on Page 1 of the Skills Assessment Form in the space provided.
- *All video material must show scientifically accurate techniques which protect the physical and emotional safety of the people and animals involved **at all times**. If welfare issues are detected at any point in any video, the Exam Committee may elect to decline the candidate packet.*

## General 2024 Skills Assessment Video Guidelines

1) Read the description of the required skill carefully. Which verbs are present? Assure your video matches the skill.

### Examples:

- If the skill includes “define,” you must include a brief verbal definition in your own words at the client level of understanding. Doing so shows your ability to communicate concepts with precision, accuracy, succinctness, and in accessible language.
- If the skill includes “train,” your video must show points throughout the training process, not just the result.
- If the skill includes “teach clients,” your video must show you communicating with the client.
- If the skill includes “perform,” your video must show you performing the skill.

2) Make sure you know who needs to be included. Videos may require you, the animal, the client, a team member, etc. Read carefully.

3) Manage animal welfare and behavior throughout videos, including during “down time” or explanation portions.

4) Carefully read the description for the requirements for each video below before making and editing your video.

5) Requests for clarification can be emailed to [monique@teachinganimals.com](mailto:monique@teachinganimals.com).

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### **Video 1**

Skill 5 from the SAF

*Demonstrate understanding of operant conditioning, associated quadrants, its practical application, and risks vs. benefits of this type of learning.*

Demonstrate your *understanding* by explaining these concepts to a client or team member. Show both you and the client or team member.

- Quadrants
- Practical application
- Risks vs. benefits

Demonstrate *practical application* by showing an example of a training session including the applicable quadrant(s) and your explanation of what is happening. Must show you and the animal. *Be mindful of the agreement to protect the emotional and physical welfare of people and animals at all times. Allow this to inform which quadrant(s) you select to demonstrate.*

### **Video 2**

Skill 10 from the SAF

*Define and train the six aspects of fluency.*

Define the six aspects of fluency

Train a behavior to fluency. Show portions of the training process, and how you assess fluency for the completed behavior.

Video must show you and the animal.

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### Video 3

Skill 14 from the SAF

*Teach clients and team members to recognize and avoid triggers associated with anxiety and aggression.*

Watch this video with a client or team member:

<https://youtube.com/shorts/bMUTPrXZqK8?feature=share>

Discuss your observations about the provided video with them.

Pause, rewind, or replay the video as needed during the discussion.

The explanation must be clear regarding what is occurring in the video and how to *recognize* and *avoid* the associated triggers.

Verify your explanation is successful by verifying the client or team member understands the information to fulfill the “teach” criterion.

The video must show you and the client or team member.

### Video 4

Skill 15 on the SAF

*Demonstrate ability to educate clients on in-depth management strategies and their importance to treatment.*

- State the behavior concern
- State what management is and why it is part of the treatment recommendation
- State the management plan
- Educate the client about the specific suggested management plan
- Why it was selected
- What the goal is for management
- What it entails
- How to implement it successfully
- The video must show your discussion with the client

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### Video 5

Skill 45 on the SAF

*Perform DS/CC to veterinary procedures or equipment in a minimum of 5 individuals.*

For this video: *Perform desensitization and **counter** conditioning to veterinary procedures (e.g., intervention/treating existing diagnosis) or equipment for **one** individual.*

Equipment examples: basket muzzle, head collar, bridle or other tack, Elizabethan (cone) collar, body harness. Procedure examples: medication administration, nail trim, or venipuncture.

Define desensitization.

Define the counter conditioning procedure you are using.

Explain why you selected this procedure.

Explain what you are doing either during or after each step in the process.

The video must show both you and the animal.

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Video 6

Skill 74 on the SAF

*Define “shaping” and demonstrate proficiency in training with this technique.*

Define shaping.

Demonstrate proficiency by conducting multiple training sessions with an animal showing proficiency in shaping a behavior.

Define the end or goal behavior

Explain your rationale for your decisions during the shaping procedure. For example, strategic planning for the sessions, manipulating criteria, location and method of reinforcement, etc.

Your explanation sections may be before, during, or after the training sessions but should be verbal, not typed/slides.

Small notations (such as acknowledging a late marker) may be added as subtitles.

The video must include you and the animal.